

35 Blackwood Place
Bodicote
Banbury
Oxfordshire
OX15 4BD

13th March 2017

First Degree Workshop 11th & 12th September 2017

Thank you for your interest in the First Degree Reiki workshop, to be held on Monday 11th and Tuesday 12th September at 35 Blackwood Place, Bodicote. Please see www.rebeccanichol.com for directions.

Both days will run from approximately 10am – 4pm, and you will need to bring your own lunch although drinks and snacks will be provided. If you have any specific needs please advise me when you return the booking form. Also included in the course fee is a further optional one-hour session to discuss and consolidate your training at a later date.

During the workshop we will cover:

- The History and concept of Reiki energy
- The many uses of Reiki
- Meditation
- 4 Attunements
- The Chakras, energy fields and endocrine system
- The hand movements used to attain self-healing
- The hand movements used to give healing to your family and friends

Please wear comfortable clothing and footwear as we will be doing hands-on treatments on both days. Layered clothing is also advisable as the some of the workshop may be carried out in the conservatory which can be a little chilly on overcast days, and very warm on sunny days.

A workshop manual is included and a certificate is awarded to those who complete the course.

**The cost of the workshop is £125 per person
and a non-refundable deposit of £25 is required to book each place
Please send the deposit with the booking form to:
Rebecca Nichol, 35 Blackwood Place, Bodicote, Banbury OX15 4BD
Or via email to rebeccanichol@ymail.com**

For payment via online banking, bank details are shown at the bottom of the booking form

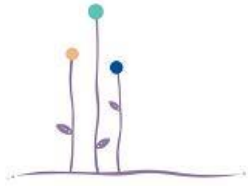
I look forward to seeing you on the day, if you have any questions prior to the workshop please do not hesitate to contact me.

Kind Regards,

Rebecca Nichol MAR, MUKRF
Reiki Master Practitioner/Teacher

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Email rebeccanichol@ymail.com
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REGISTRATION FORM

Workshop Date(s)	11 th and 12 th September 2017 (Reiki I)
Full Name	
Address	
Date of Birth	
Telephone Number(s)	
Email Address	
Any specific needs or requirements	
Emergency Contact Details (Name, relationship to you and telephone number(s))	

Please return completed form and deposit payment as soon as possible before the date of the workshop in order to secure your place.

For online payments please use sort code 110235, account no. 00164160